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SAI DATTA MANDIR INC.,

॥सबुरी॥

[A501(C)(3) Non-Profit Organization, Fed ID#46-0599196]

SAI DATTA PEETHAM & CULTURAL CENTER

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# Ratha Saptami Celebrations

## Tuesday February 4th, 2025



6:00 AM : Kakad Aarti

6:45 AM : Abhishekam to Baba

7:45 AM : Ganapathi Pooja

8:00 AM : Aruna Prasna

9:00 AM : Abhishekam to Surya Bhagavan followed by Aditya  
hrudayam Parayanam

7:30 PM : Archana to Surya Bhagavan followed by Aditya  
Hrudayam Parayanam

"Ratha Saptami" is a highly auspicious day observed on the seventh day (Saptami Tithi) of Magha, Shukla Paksha. It is believed that Lord Surya Bhagavan started enlightening the whole world on "Ratha Saptami".

Lord Surya Bhagavan is also known as "Lord Aruna". "Lord Aruna" plays a crucial role because he provides the most important source of life that is sunlight. Therefore he stands in the center of Navagraha. Praising Lord Aruna by performing "Sri Aruna Prashna" Parayanam will bless the devotees with strong energy to fight with the disorders of life. It will give strength to the devotees to overcome any sort of chronic disease. The entire Aruna Prashna mantras are found in the first Prashna of "Taittiriya Aranyakam" of "Yajur Veda" Lord Surya Bhagavan will bless his devotee through his power:

- Influence your Body & Mind in a Positive manner.
- Control the health disorders & it will give you immunity to live a long life.
- Create positive vibrations - both internally and externally.
- Even listening to these mantras is considered a great boon for health & all round success.

**For more details please contact**

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